

## AURORA YORK CENTRAL



### EXECUTIVE COMMITTEE

2022 - 2026

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 VP MEMBERSHIP  
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 VP WEBSITE  
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## HELLO ALL: WELCOME TO MARCH

WELCOME ALL

Here we are in March 2026.

I missed all of February due to an operation on my back. It was successful, according to the doctor, yet now I must commence my rehabilitation, which will take some time. I must thank Vern Cunningham for taking over in my absence.

The days are growing longer and spring is just around the corner. Our general meeting this month, on March 11, will feature speaker Dr. Francis Morten-Chang, Program Director for Seniors Strategy at the Regional Municipality of York.

Our March Dining Out will be a luncheon held at The Slabtown Armory on March 18, starting at 12:00 o'clock. Please come and enjoy the latest iteration of the Armory!

All activities are going strong: bridge, euchre and more in the works. I don't wish to sound like a broken record, yet if you wish to hold a position on the Executive next year, please submit your name, the position requested and your qualifications to Vern Cunningham, Past President.

I look forward to seeing all of you on March 11!

Cheers, Garry

## DEDICATED VOLUNTEERS

### SOCIAL EVENTS & DINING OUT COMMITTEE

Susan Pratt  
Rosalyn Gonsalves

### SPEAKER REPORTS

David Brisley

### PROOFREADER

Rosalyn Gonsalves

### SOUND

Trevor Stephens

### BOOK CLUB

Anna Pilato

### SOCIAL BRIDGE GROUP

Mary Lee Koyl

### EUCHRE CLUB

Sharon Welsh

### THEATRE LOVERS GROUP

Judy Dickens

### GOLF GROUP

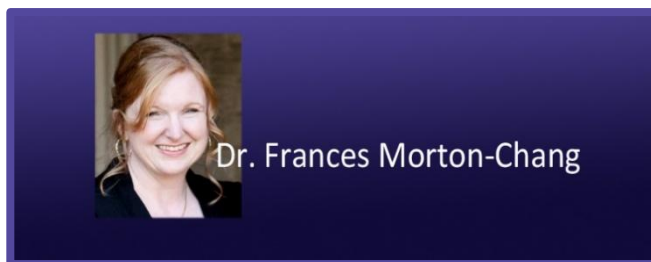
Wayne Scott

## HAPPENING IN MARCH

📅 March General Meeting	
📅 Date:	Wednesday, March 11th
🕒 Time:	10 am (arrive by 9:30am to socialize)
📌 Note:	Coffee will be available. Arrive early to catch up with friends!
📍 Location:	Royal Canadian Legion, <a href="#">105 Industrial Parkway North, Aurora</a>
🎤 Guest Speaker:	Dr. Frances Morton-Chang

### About Our Speaker

### Dr. Frances Morton-Chang - York Region 2024 to 2027 plan to support seniors



Dr. Frances Morton-Chang

Dr. Frances Morton-Chang is the Program Manager for the Seniors Strategy at the Regional Municipality of York, and supports the implementation of the [2024 to 2027 York Region Plan to](#)

#### [Support Seniors: Navigating Forward Together.](#)

She is a seasoned health services leader who has worked at innovative organizations serving seniors and caregivers including provincial sector associations and NGOs, community agencies, and teaching hospitals. Dr.

Morton-Chang is also adjunct faculty at the University of Toronto Institute for Health Policy, Management and Evaluation.

Prior to joining York Region, Frances was the Director of Dementia Programs at the Schlegel – University of Waterloo Research Institute for Aging.

Dr. Morton-Chang will provide a summary of the York Region Plan to Support Seniors, which focuses on:

- keeping seniors healthier, longer
- supporting seniors to live in age-friendly, complete communities
- connecting seniors and caregivers to the right programs and services in the right time
- improving coordination, organization and planning of services for seniors

Frances will be accompanied by Senior Program Advisor, Judy Coultres-MacLeod on the Seniors Strategy Team to share on an exciting action in the Plan – our Navigation Guide for Seniors.

## PLANNED PROGRAMMES

### EVENTS & OUTINGS

#### GENERAL MEETING

10 am Wednesday,  
MARCH 11th

Royal Canadian Legion  
105 Industrial Parkway N,  
Aurora

Meetings start at 10 am, however we invite you to arrive about 9:30 to socialize and catch up with other members. *Coffee is available.*

#### Dining Out

MARCH 18 @ 12pm  
Slabtown Armoury  
(Aurora)  
89 Mosley St.

#### Book Club

March 19 @ 10am - 12pm  
Chartwell Hollandview  
Trail 200 John West Way,  
Aurora

#### Bridge Group

February 3 @  
9:30am – 11:30am  
Chartwell Hollandview  
Trail 200 John West Way,  
Aurora

#### Euchre Group

February 3 @  
2pm – 4pm  
Chartwell Hollandview  
Trail 200 John West Way,  
Aurora

## HAPPENING IN MARCH

## SOCIAL COMMITTEE NEWS



📷 Dining Out – Lunch	
📅 Date:	Wednesday, March 18 <sup>th</sup>
🕒 Time:	12:00 – 2:30 pm
📍 Location:	Slabtown Armoury <a href="#">89 Mosley Street</a> Aurora, ON L4G 1V8

Join us each month as we come together to share good food and great company! Our Dine Monthly event is a casual get together where everyone pays their own way. It's a wonderful chance to try new restaurants, catch up with friends, and enjoy a relaxed atmosphere.

Please register your attendance only, on the website [LINK](#).

## APPYS & COCKTAILS INVITATION

Mother Nature couldn't interfere with our Appy Party this time, Saturday, February 21st. We had a good turn out and lots of tasty treats to nibble on while we chatted, solved the world's problems and shared stories about ourselves. An enjoyable afternoon with friends.

For those who have not attended before, an Appy Party is an intimate gathering in the very homey party room in Judy Dickens, condo.



## GOOD TO KNOW STUFF

### NEED A RIDE?

Aurora York Central PROBUS is a social group of individuals interested in the welfare of all club members. Should you require transportation to and from our events, please let me know and we will try to arrange the assistance you require.

[verncunningham@gmail.com](mailto:verncunningham@gmail.com)

### HOW ABOUT THIS?

PROBUS is international with 255,580 members in 4,149 clubs spread throughout the following 16 countries:

Argentina  
Australia  
Belgium  
Canada  
Chile  
Cyprus  
France  
Germany  
Holland  
India  
Ireland  
Japan  
Malaysia  
Mexico  
New Zealand  
South Africa  
Spain  
Sweden  
United Kingdom  
Zimbabwe

*Australia has 1,415 clubs with 113,00 members.*

*Chile has 1 club with 30 members.*

*Canada has 256 clubs with 40,060 members.*

## FEBRUARY'S GOINGS ON

### Speaker February 11<sup>th</sup> Ron Guttman Magician

Drawing on his years of experience as an improv actor and a talented magician, Ron demonstrated his "Tricky Bits".

He describes his show as "magic for adults" and he did mystify and delight us. For example, with a partial deck of oversized playing cards (estimate--two feet by four feet in size). While his demonstration of mentalism, mental "telepathy" with the participation of Leo Ralph and Sylvia Wolff proved impressive. Ron had warned us in advance, that many of us would be "volunteered" to assist. And so, we were. Afterward participants and audience alike were still asking "how did he do that"?

An enjoyable change of pace for our meeting even with a problematic sound system.

Many thanks to David Brisley for this Speaker Report.



## After February General Meeting

**\*\*24 of us\*\* enjoyed lunch at **\*\*Wicked Eats Kitchen + Bar\*\***!**



JOIN US – It's Growing!	
Date:	After every General Meeting
Time:	12Noon  till the chit chat ends!
Location:	Wicked Eats Kitchen + Bar <a href="#">15570 Yonge St, Aurora, ON L4G 1P2</a>
Attendance:	Requested at each meeting
Pay:	Your own way – everyone welcome!

**\*\*Keeps growing stronger\*\* – join the tradition!**



## 50/50 Draw

Magician Ron Guttman, pulls the winning 50/50 ticket from the pouch and Dave Brisley presents the winner's share to none other than wife Judy Brisley... hmm. Congratulations Judy!



**GOOD TO KNOW STUFF**

**MEMBERS OF OUR CLUB WHO HAVE BEEN HONOURED**

**AURORA CITIZEN OF THE YEAR**

- 1983  
Les Oliver
- 1984  
Lowell McClenny
- 1989  
Dick Illingworth
- 2005  
Bud Gilbert
- 2010  
Gord Barnes
- 2012  
Brian North
- 2014  
Beverley Wood
- 2020  
Tom Connor
- 2024  
Vern Cunningham

**LIFETIME ACHIEVEMENT**

- 2022  
Rosalyn Gonsalves

**WHAT'S HAPPENING IN OUR CLUB**

**Euchre Club – Every Week!**

Euchre remains one of our most popular activities!

Euchre next Tuesday, March 3rd, 2 – 4 PM!

If you are interested, please email Sharon Welsh at: [sharonwelsh7@gmail.com](mailto:sharonwelsh7@gmail.com) or [LINK](#).



Euchre Winter 2026 Play Schedule		
Month	Afternoon (2 – 4 pm)	Evening (7 – 9 pm)
March	Tues 3, 17, 31	Thurs 12, 26
April	Tues 14, 28	Thurs 9, 23
📍 Location:	Chartwell Hollandview Trail Retirement Residence	Card Room Lower Level <a href="#">200 John West Way</a> , Aurora, ON L4G 7J3 (289) 648-4099

**Capacity:**

We can hold up to 4 tables - 16 people max each night. You will need to advise me each week of your intention to play. I will, of course, be reminding you prior to each scheduled date. If we cannot fill each table of four (up to 4 tables), you will be able to invite your spouse or a friend to join you. Feel free to bring your own non-alcoholic drink or a snack to share.

**Parking:**

There is free Visitor parking available at Hollandview - please use spaces #30 to #59. Note that you will be required to sign into the facility at the front desk when you arrive, and sign out when you leave. This is for fire safety reasons. After you sign in, please go to the elevator, go down to the B level, and to the Games Room on the right.

Thank you, Sharon Welsh

## WHAT'S HAPPENING IN OUR CLUB

### Theatre Lovers Group



Next Outing:	Where You Are by Kristen Da Silva
Date:	Saturday, March 21 @ 1:30pm
Tickets:	\$21.00
Contact:	Susan Pratt: <a href="mailto:susanmpratt@icloud.com">susanmpratt@icloud.com</a> for e-transfer payment
Location:	Theatre Aurora <a href="#">150 Henderson Dr</a> , Aurora, ON L4G 2J7

The second season of enjoyable local theatre is underway for the members of the Probus Theatre Lovers group. Fifteen to 20 members regularly attend matinee performances at Theatre Aurora, followed by a meal, friendship and conversation at local restaurants.

Saturday, March 21 – matinee 1:30 p.m. show, with dinner to follow at State & Main. Outing to Theatre Aurora to see “Where You Are” by Kristen Da Silva, a hilarious and honest exploration of family, forgiveness and falling in love.

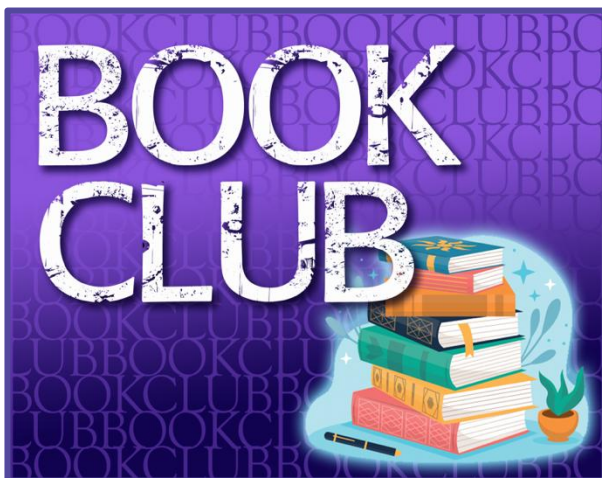
We’d love to have you join our theatre group, register [LINK](#).

Thank you to Judy and Susan.

Note: Susan covers Theatre Group during Judy's vacation (Susan's email above for e-transfers).



### Bucket List Book Club

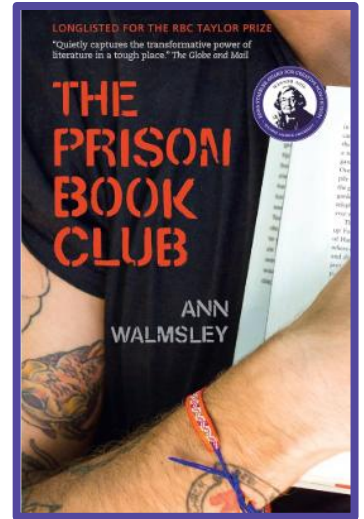


Next Meeting:	Thursday, March 19th
Time:	10 am – 12noon
Location:	Chartwell Hollandview Trail, Jazz Pub – Main Floor <a href="#">200 John West Way</a> , Aurora (289) 648-4099
Current Book:	The Prison Book Club by Ann Walmsley

A daring journalist goes behind bars to explore the redemptive power of books with bikers, bank robbers, and gunmen. An attack in London left Ann Walmsley unable to walk alone down the street, and shook her belief in the fundamental goodness of people. A few years later, when a friend asked her to participate in a bold new venture in a men's medium security prison,

Ann had to weigh her curiosity and desire to be of service against her anxiety and fear. But she signed on, and for eighteen months went to a remote building at Collins Bay, meeting a group of heavily tattooed book club members without the presence of guards or security cameras. There was no wine and cheese, no plush furnishings. But a book club on the inside proved to be a place to share ideas and regain a sense of humanity. From *The Grapes of Wrath* to *The Cellist of Sarajevo*, *Outliers* to *Infidel*, the book discussions became a springboard for frank conversations about loss, anger, redemption, and loneliness. The books changed the men and the men changed Walmsley. Written with compassion and humour, *The Prison Book Club* is an eye-opening look at inmates and the penal system, and the possibilities of redemption.

For more information contact Anna Pilato [queenladyap@gmail.com](mailto:queenladyap@gmail.com) or 416-564-6116 [BOOK CLUB LINK](#).



## WHAT'S HAPPENING IN OUR CLUB

### Social Bridge Club



#### MARCH UPDATE

Our bridge group meets every Tuesday, alternating morning and afternoon at Chartwell Hollandview Trail, 200 John West Way in Aurora.

The dates and times of our Probus Bridge Group are posted on our Probus website calendar, [LINK](#).

All are welcome from experienced to beginner. If you are interested in joining us or have any questions, please contact me using the sidebar contact form on our website.

Be kind to yourself and allow yourself to learn. [LINK](#).

Mary Lee

📅 Bridge Winter 2026 Play Schedule		
Month	☀ Morning Sessions (9:30 – 11:30 am)	🌙 Afternoon Sessions (2 – 4 pm)
	Jazz Pub – Main Floor	Card Room – Lower Level
March	Tues 3, 17, 31	Tues 10, 24
April	Tues 14, 28	Tues 7, 21
📍 Location:	Chartwell Hollandview Trail Retirement Residence	<a href="#">200 John West Way, Aurora, ON L4G 7J3</a> (289) 648-4099

## GOOD TO KNOW STUFF



### RESOURCES & CONTACT

Membership in PROBUS brings a world of opportunity and resources to your door.

To find out more about this international organization you belong to, check out the links below.

#### PROBUS CANADA

[www.probuscanada.ca](http://www.probuscanada.ca)

#### PROBUS GLOBAL

[www.probusglobal.org](http://www.probusglobal.org)

Suppose you were planning a trip abroad and wanted to know more about a possible destination, chances are you could find a local PROBUS club you could contact to gather more information. How you ask?

#### FIND A PROBUS CLUB

[probusglobal.org/Clubs](http://probusglobal.org/Clubs)

REACH OUT TO US DIRECTLY at CONTACT [LINK](#).

We respect your privacy and will respond promptly!

## WHAT'S SPECIAL IN MARCH



### Celebrating March Birthdays

#### Happy Birthday to Our Members!

Judith Brisley	Rod Adams	Wendy Ryckman	Mary Lee Koyle	Cathy Monaghan
March 01	March 08	March 16	March 21	March 29

## Springing Forward with Sunshine and Smiles

This Sunday, we welcome the return of *Daylight Saving Time*—a sure sign that brighter days are ahead! As we turn our clocks forward, let's also take a moment to look forward with fresh energy and cheerful anticipation. Longer evenings mean more chances to enjoy the sunshine, connect with friends and soak up the beauty of the coming spring. Here's to extra daylight, lighter hearts and the joyful energy this new season brings to all our AYC Probus members!

Warmest wishes!

AURORA YORK CENTRAL PROBUS

**REMINDER**

**Daylight Savings**

Starts this Sunday, March 8th



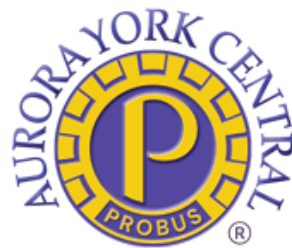
Stay Connected, check our club website for the latest events and news.

[www.aurorayorkcentralprobus.ca](http://www.aurorayorkcentralprobus.ca)

Should you wish to get in touch with any executive member

<https://aurorayorkcentralprobus.ca/contact-3/>

THAT'S IT FOLKS. UNTIL NEXT TIME,  
LIVE, LAUGH, LOVE AND ENJOY LIFE!



PLEASE TAKE NOTE  PHOTO POLICY

There's a good chance you may be in photographs taken at any of our club meetings or events.  
Your picture and name could appear in our newsletter or on our website.

*If you do not wish to be in said publications, please take measures to not be in the camera's field of view.*